

KEEP AN EYE OUT...

OVER AT CORE

On January 1st, 2019
NEW YEARS DAY SALE

19 NEW YEAR GROUP
CLASSES PACK!
\$285.00

19 NEW YEAR PILATES
1 ON 1 SESSION!
\$1,550.00

19 NEW YEAR PYOUR
TRAINING PACK!
\$1,140.00

NEW CLASS ALERT

STARTING JANUARY, 2019

PYOUR STRETCH

This 30 minute class is designed to stretch and lengthen every muscle in your body to build flexibility. With the incorporation of a yoga strap & massage ball, this class will allow you to achieve a magnitude of benefits while loosening and lengthening your muscles!

OUR SECOND LOCATION

COMING SPRING 2019

PYOUR CORE LITTLE SILVER

BE SURE TO FOLLOW PYOUR CORE LS
ON
FACEBOOK
&
INSTAGRAM

OVER AT POUR

THE TABLE AT POUR
FRIDAY NIGHT DINNERS

ONLY AT PYOUR POUR
\$75 per seat
LIMITED SEATS AVAILIBLE
GET YOUR SPOT TODAY!
TAX & TIP INCLUDED

CLEAN UP & REBOOT PROGRAM

LET'S GET BACK ON TRACK
YOU CAN'T PUT A PRICE ON
HEALTH...BUT HERE ARE THE
PRICES FOR OUR REBOOT!

1 DAY REBOOT = \$45

2 DAY REBOOT = \$85

3 DAY REBOOT = \$120

Call Pyour Pour to Sign Up!
609-494-7687

SUNDAY FOOTBALL

COME WATCH THE TWO 1PM
GAMES AND INDULGE IN OUR
GAME DAY MENU!

Sandwiches, Hot Dogs, Turkey
Chili & Daily Specials!