

In a multi-nation study involving hundreds of chiropractors and thousands of chiropractic patients, researchers sought to measure the incidence of non-musculoskeletal responses to chiropractic therapy. What they found was that a number of patients experienced systemic benefits from their chiropractic treatments whether or not they mentioned any symptoms in these areas at the onset of care. The most common benefits reported in this study were breathing (27%), digestion (26%) and circulation (21%)

In yet another ground-breaking study, chiropractic adjustments were shown to actually decrease blood pressure, one of the leading causes for preventable death in North America (in relation to the incidence of heart-attacks and strokes). The study stood up to medical scrutiny and showed unequivocally that vertebral subluxations - of the upper cervical vertebra in this case can be detrimental to the health of the individual, and not just a pain in the neck.

From these research results, chiropractors clearly have a greater role in your health and wellness than just treating sore backs. Chiropractic care should be considered an invaluable tool for you to not only help you feel well, but to also help you be well.

